

# A Chicago-based pilot study **Eliciting Care Plan & Treatment Goals in ADRD from Latino Caregivers**

## FOCUS AREA

The **Eliciting Care Plan and Treatment Goals in ADRD from Latino Caregivers** study tested the feasibility and implementation of a family-centered, Spanish-translated discrete choice experiment instrument in a community-based setting with Hispanic/Latino family caregivers. The Latino community is 1.5 times more likely to develop Alzheimer's disease or a related dementia (ADRD) than non-Hispanic whites, yet very little is known about their treatment outcome preferences. This project focused on better engaging Latino communities in care planning and preference research through community-engaged methods. Using this approach can inform future care and support services for Hispanic caregivers supporting individuals with ADRD.

## TOPLINE INSIGHTS

Generally, initial research indicates that **there is divergence between Latinos and non-Hispanic whites in prioritizing treatment goals and different forms of caregiving.**

Latino caregivers that participated in this study indicated it was **highly important to pharmacologically treat changes in their loved ones' behavior resulting from Alzheimer's disease, such as aggression.**

Using preference-based tools on caregivers is a novel approach that is **illustrating the heterogeneity of caregiving preferences among different communities** impacted by Alzheimer's and related dementias.



Use the QR code to visit  
[UsAgainstAlzheimers.org](https://UsAgainstAlzheimers.org).

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